

Autumn 2011



Dundonald Medical Centre

Practice News

Seasonal Influenza Vaccination

Special points of interest:

- Seasonal Influenza Vaccination
- Pharmacist
- Telephone Advice
- Diabetic Eye Screening

Flu vaccinations are now available in the practice.

This is recommended for the following groups.

People in seasonal influenza clinical at risk groups.

- Chronic respiratory disease
- Chronic heart disease
- Chronic kidney disease
- Chronic liver disease
- Chronic neurological disease
- Diabetes
- Immunosuppression

All people aged 65 and over

All pregnant women at any stage of pregnancy.

Health and social care workers

Carers

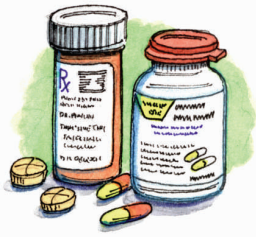
Long stay patients



This year we are offering you the opportunity to book your influenza vaccination on a day that suits you.

If you normally get this vaccination or feel you fall into one of the above groups please speak with reception to make an appointment.

Congratulations to Dr Haslam who, supported by our patients and staff, raised £346 for Marie Curie Hospice Care during his annual fund raising cycle. He has with your help raised £2134 since 2001.



Pharmacist

Pharmacists are now taking on wider roles. As well as supplying medication they can give confidential medical advice and offer a variety of health services.

Many pharmacies offer support programmes for giving up smoking or losing weight and provide information on sexual health and contraception.

Pharmacists can help you choose the correct 'Over the Counter' treatment and will

advise you to see a doctor if appropriate.

For common Minor Ailments including athletes foot, diarrhoea, head lice, thread-worms and vaginal thrush it is still possible to get medication direct from the Pharmacist if required.

Call into any Pharmacy displaying the logo shown.



Telephone Advice



It is possible to speak with a doctor each morning between 10.30 and 11.15 for telephone advice.

Emergency calls only are taken at other times.

Interruptions during surgery appointments are disrupting for both the doctor and the patient so staff are asked not to disturb the doctor at these times.

Please let us know if you change your phone number—we are happy to take mobile numbers if a land line is not available, where available we will take both.

Diabetic Retinopathy Screening

If you have diabetes, it is vital that you have your eyes checked regularly.

All patients of this practice with diabetes will be offered retinal screening in January/February 2012, dates to be confirmed.

Please watch out for your letter in the New Year.

